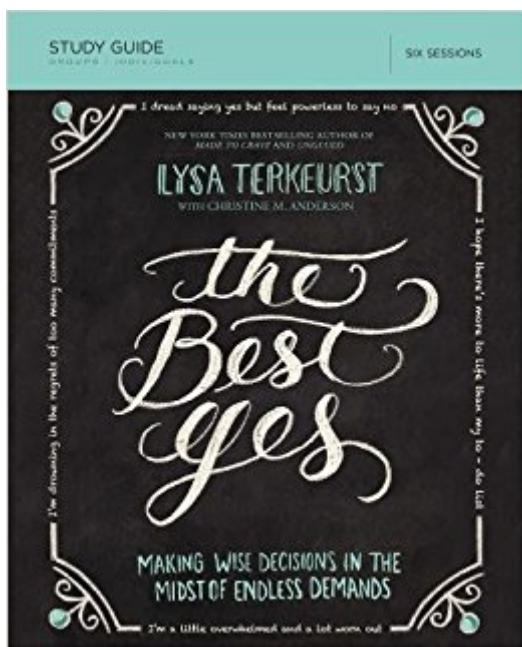


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# The Best Yes Study Guide: Making Wise Decisions In The Midst Of Endless Demands



## **Synopsis**

Â Do you find yourself spending a lot of time figuring out when to say yes and when to say no, thinking about how to manage your time, reduce stress, do your best for your family, find a little time for yourself? Lysa TerKeurst found herself in that same situation until she learned the power of â œthe best yesâ •, the choice that shapes all of our other choices.Â In this six-session study, Lysa uses her signature mix of transparency, Scripture-laced insight, and "been there" humor to suggest usable strategies for making wise decisions day by day. InÂ this six-session study Lysa will help you and your group: Â Cure the disease to please with a biblical understanding of the command to love. Escape the guilt of disappointing others by learning the secret of the small no.Â Overcome the agony of hard choices by embracing a wisdom based decision-making process.Â Rise above the rush of endless demands and discover your best yes today. Â Designed for use withÂ The Best Yes DVD. Â

## **Book Information**

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## **Customer Reviews**

Lysa TerKeurst is the New York Times bestselling author of Made to Crave and Unglued. She isn't shy about admitting what a mess she can be. But she's been learning God's lessons and sharing them on her blog ([www.LysaTerKeurst.com](http://www.LysaTerKeurst.com)) and in her books. Lysa is president of Proverbs 31 Ministries and writes from her sticky farm table in North Carolina where she lives with her husband, Art, five kids, three dogs, and mouse that refuses to leave her kitchen. Â Â

I ordered the book, study guide, and DVD. I looked everywhere to try to figure out if a study guide

came with the DVD and couldnt find it in the description so I ordered the study guide extra. When I opened the package everything I ordered was in perfect condition, etc. The only complaint I have, if you can even call it a complaint, is that I didnt have to order a seperate study guide because it turns out one DOES come with the DVD. I havent started the study yet but am looking forward to beginning this week with friends....maybe we will end up needing the extra study guide! Either way, I thought I would save someone else the extra expense.

Lisa shares her heart with humor and insight on what it means to make wise decisions, the best decisions in the midst of indecision and plots a Biblical path to our best "yeses". I SO (as I'm sure most women will) relate to the constant "indecisijig" of choosing between a good yes and a good yes. Thanks, Lisa, for gentle reminders of what our best yeses truly are! This book opened my awareness and inspired me to stay close to the One whose yes will always bring peace and greater faith!

While reading this I felt like Lisa knew me and was talking directly to me. I also had so many parts of the book that were words that fit friends and family who have told me about there struggles and challenges. She tried words from scripture into everyday struggles in such a way it made me hear the words of scripture differently. I truly related. Beautifully written!

One of the best books I have ever read! We are having Bible Study now and we are loving the humor of the book and how it applies to real life situations. Very uplifting and positive study!

Lysa TerKeurst is a talented, relatable, godly writer. I've enjoyed several of her studies and books in the past. I have to admit, I wasn't thrilled when my small group voted to read this one. I felt I had a handle on saying "yes" or "no" to opportunities in my life and ministries. However, this book opened my eyes to ways I could improve, and it discusses topics about saying "yes" or "no" that I hadn't even considered. God knows what He's doing Ã  Â^Â

We did the video and workbook that accommodated this book. The book was the best part and could easily stand alone for a group discussion. The book has lots of insight in making decisions whether they are small day to day decisions or large life altering decisions. Lysa uses examples from her own life that make you laugh, make you sad and some times just frustrate you but all will make you think about how you view your current situation. The chapters are easy to read and I

would recommend it to all women regardless of age or where you are in your walk with life.

Such an amazing and eye opening book. I really enjoyed how the book was written, Chapter 5 to this day has helped me with being able to recognize its okay to say no you aren't able to. The way Lysa writes her book keeps you pulled in and focused the whole time, I say this as someone who does not like to read but I love her books. I would highly recommend this book to any woman looking for the uplifting book that helps brighten your day

I loved the fact that scripture was woven throughout! I love the thought of the best "no" ..it's contrary to what we think is true..we need to work it out...I like how the book talks about the consequence of working it out. I loved the steps one should take before making a decision. Simple..but powerful. Thanks for sharing your wisdom Lysa..time to mix another round of ingredients and let God do what he does best..take care of us.

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